

## **GET STARTED TODAY!**

Signing up is easy.

Personify Health is a well-being resource offered to all employees and their spouses or partners. Join in three easy steps.



## Step One

To join Personify Health, log in to your My Health Toolkit® account and select Wellness & Care Management, Wellness Programs, then Personify Health.

## **Step Two**

We're committed to keeping your health and wellness data private. Read and accept our **Member Privacy Notice**, **Membership Agreement** and **Data Consent Notice**.

## **Step Three**

Enter your preferred email address, create a password, and provide a few additional details to help us give you the best possible experience. Then select **CREATE MY ACCOUNT**.

Once you've created your account, you can sign in and get started right away.



To access Personify Health from your smartphone, scan this QR code to log in to your My Health Toolkit account. Next, select Benefits, then Personify Health to get started.

